

NUTRITION INFORMATION



PIZZAS

Pepperoni	Energy (per 100g)	Energy (per 100g)	Protein (per 100g)	Fat (per 100g)	Saturates (per 100g)	Available Carbohydrate (per 100g)	Sugars (per 100g)	Dietary Fibre (per 100g)	Sodium (per 100g)	Salt (per 100g)
	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Value Per 100g										
Pepperoni 8"	306	1287	11.6	12.3	5.3	36.4	3.5	2.1	0.44 (444)	1.11 (1110)
Pepperoni 8" ATC	289	966	11.2	12.6	5.4	32.2	3.3	2.1	0.48 (479)	1.20 (1196)
Pepperoni 8" Stuffed Crust	314	1319	13.4	15.5	7.5	29.5	2.7	1.6	0.39 (389)	0.97 (971)
Pepperoni 8" Pepperoni Stuffed crust	358	1266	15.2	21.7	9.7	24.6	2.3	1.8	0.80 (802)	2.00 (2004)
Pepperoni 10"	310	1304	12.3	13.8	6.1	33.7	3.3	2	0.51 (513)	1.28 (1284)
Pepperoni 10" ATC	310	1302	12.3	14.6	6.4	31.7	3.1	2	0.56 (558)	1.39 (1395)
Pepperoni 10" Stuffed Crust	317	1329	13.7	16.3	7.9	28.2	2.6	1.6	0.45 (453)	1.13 (1132)
Pepperoni 10" Pepperoni stuffed crust	357	1293	15.2	21.9	9.8	23.9	2.2	1.8	0.82 (817)	2.04 (2042)
Pepperoni 13"	316	1329	12.3	13.8	6	35.1	3.4	2.1	0.50 (496)	1.24 (1240)
Pepperoni 13" ATC	318	1335	13.4	16.7	7.7	28.1	2.8	1.9	0.65 (654)	1.63 (1635)
Pepperoni 13" Stuffed Crust	320	1345	13.8	16.3	7.9	29	2.7	1.7	0.47 (474)	1.19 (1185)
Pepperoni - 13" Pepperoni Stuffed crust 13"	335	1207	14.2	18.2	8.4	27.5	2.6	1.7	0.68 (680)	1.70 (1700)
Pepperoni 14"	364	1538	13.7	21.8	8.6	27.2	1.4	1.7	0.90 (897)	2.24 (2242)
Pepperoni NYS	304	1277	12.5	15.9	7.1	27.2	2.9	1.9	0.64 (640)	1.60 (1600)
Pepperoni Crispy Parm Thin Crust	363	1384	15	21.9	9.5	25	1.3	1.7	0.88 (875)	2.19 (2188)

All The Meats	Energy (per 100g)	Energy (per 100g)	Protein (per 100g)	Fat (per 100g)	Saturates (per 100g)	Available Carbohydrate (per 100g)	Sugars (per 100g)	Dietary Fibre (per 100g)	Sodium (per 100g)	Salt (per 100g)
	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Value Per 100g										
All the Meats - Original Crust 8"	290	1138	13.8	12.9	5.5	29	2.9	2.2	0.80 (797)	1.99 (1993)
All the Meats ATC 8"	283	1079	14.1	14.1	6	24.2	2.6	2.1	0.86 (862)	2.16 (2155)
All the Meats - Stuffed Crust 8"	300	1195	14.9	15.6	7.4	24.5	2.3	1.8	0.67 (672)	1.68 (1681)
All the Meats - Pepperoni Stuffed Crust 8"	343	1167	16.3	21.2	9.4	20.6	2	1.9	1.00 (999)	2.50 (2497)
All the Meats - Original Crust 10"	289	1133	13.8	13.2	5.6	27.7	2.8	2.2	0.83 (827)	2.07 (2067)
All the Meats - ATC 10"	294	1012	14.4	15.6	6.7	23	2.3	1.9	0.88 (876)	2.19 (2190)
All the Meats - Stuffed Crust 10"	298	1187	14.9	15.7	7.4	23.8	2.3	1.8	0.71 (705)	1.76 (1763)
All the Meats - Pepperoni Stuffed Crust 10"	339	1174	16.1	20.9	9.2	20.4	2	1.9	1.01 (1008)	2.52 (2520)
All the Meats - Original Crust 13"	293	1137	14.2	13.5	5.8	28.1	2.8	2.2	0.82 (817)	2.04 (2043)
All the Meats - ATC 13"	297	1015	15.2	16.6	7.5	20.6	2.1	1.8	0.91 (907)	2.27 (2268)
All the Meats - Stuffed Crust 13"	300	1180	15	15.4	7.3	24.7	2.4	1.9	0.72 (717)	1.79 (1793)
All the Meats - Pepperoni Stuffed Crust 13"	314	1060	15.3	17.2	7.8	23.5	2.3	1.9	0.90 (896)	2.24 (2239)
All the Meats - 14"	326	1193	14.3	18.7	6.5	24.5	1.1	1.8	0.94 (938)	2.34 (2344)
All the Meats - Crispy Parm Thin Crust	332	1170	16	20	8.8	20.9	1.1	1.6	0.93 (926)	2.31 (2315)

Chicken BBQ	Energy (per 100g)	Energy (per 100g)	Protein (per 100g)	Fat (per 100g)	Saturates (per 100g)	Available Carbohydrate (per 100g)	Sugars (per 100g)	Dietary Fibre (per 100g)	Sodium (per 100g)	Salt (per 100g)
	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Value Per 100g										
Chicken BBQ 8"	250	1051	10.3	6.7	2.3	35.9	3.5	2.2	0.58 (575)	1.44 (1438)
Chicken BBQ - 8" ATC	219	970	11.6	7	2.9	26.7	4.2	2	0.36 (360)	0.90 (901)
Chicken BBQ - 8" Stuffed Crust.	259	1120	12.8	10.7	5.1	27.2	3.5	1.6	0.27 (269)	0.67 (673)
Chicken BBQ - 8" Pepperoni Stuffed Crust	311	1103	14.7	17.5	7.6	22.6	2.9	1.8	0.68 (684)	1.71 (1711)
Chicken BBQ 10"	239	1003	10.3	6.7	2.4	33.2	3.4	2.1	0.57 (575)	1.44 (1437)
Chicken BBQ - 10" ATC	215	931	9.7	6.6	2.6	28.4	4.6	1.9	0.30 (304)	0.76 (761)
Chicken BBQ - 10" Stuffed Crust.	250	1071	11.7	10.6	5.1	26.4	3.7	1.6	0.29 (291)	0.73 (727)
Chicken BBQ - 10" Pepperoni Stuffed Crust	300	1078	13.6	17	7.5	22.2	3.1	1.7	0.66 (660)	1.65 (1651)
Chicken BBQ - 13"	259	1131	12.4	8.2	3.4	33.2	6.1	2.2	0.37 (375)	0.94 (937)
Chicken BBQ - 13" ATC	215	936	11.3	7.8	3.2	24.1	5.2	2.1	0.55 (555)	1.39 (1386)
Chicken BBQ - 13" Stuffed Crust	252	1080	12.7	10.6	4.9	25.7	4.2	1.9	0.50 (496)	1.24 (1241)
Chicken BBQ - 13" Pepperoni Stuffed Crust	269	959	13.1	12.7	5.6	24.4	4	1.9	0.69 (694)	1.74 (1735)
Chicken BBQ - 14"	244	1072	11.5	11.4	4.2	22.9	4.2	1.6	0.58 (583)	1.46 (1456)
Chicken BBQ - Crispy Parm Thin Crust	276	1219	13.3	12.8	4.7	25.8	4.8	1.9	0.66 (662)	1.66 (1655)

Chicken Florentine	Energy (per 100g)	Energy (per 100g)	Protein (per 100g)	Fat (per 100g)	Saturates (per 100g)	Available Carbohydrate (per 100g)	Sugars (per 100g)	Dietary Fibre (per 100g)	Sodium (per 100g)	Salt (per 100g)
Value Per 100g	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Chicken Florentine 8"	262	1049	13	9.1	4.2	31.2	3	2	0.58 (582)	1.46 (1456)
Chicken Florentine 8" ATC	244	953	13.1	9.1	4.3	26.8	2.6	1.8	0.57 (573)	1.43 (1433)
Chicken Florentine 8" Stuffed Crust	282	1189	13.2	12.9	6.5	27.8	2.4	1.7	0.44 (445)	1.11 (1112)
Chicken Florentine 8" Pepperoni Stuffed crust	328	1151	15.9	19.3	8.9	21.6	2	1.8	0.87 (871)	2.18 (2179)
Chicken Florentine 10"	243	977	12.1	8.8	4.1	28.3	2.8	1.9	0.55 (546)	1.37 (1366)
Chicken Florentine 10" ATC	239	1010	10.9	8.2	3.7	29.8	2.8	2	0.51 (508)	1.27 (1271)
Chicken Florentine 10" Stuffed Crust.	270	1135	12.8	12.1	6	26.8	2.4	1.7	0.46 (459)	1.15 (1148)
Chicken Florentine 10" Pepperoni Stuffed crust	308	1104	15	18	8.3	20.7	2	1.7	0.82 (817)	2.04 (2042)
Chicken Florentine 13"	251	997	13	8.7	4	29.5	2.9	1.9	0.57 (565)	1.41 (1413)
Chicken Florentine 13" ATC	239	1009	11.4	8.9	4.2	27.7	2.7	1.9	0.53 (533)	1.33 (1333)
Chicken Florentine 13" Stuffed Crust	272	1143	12.9	11.6	5.7	28.2	2.6	1.8	0.47 (466)	1.17 (1165)
Chicken Florentine 13" Pepperoni Stuffed crust	282	944	14.5	13.6	6.4	24.4	2.3	1.7	0.70 (698)	1.74 (1745)
Chicken Florentine 14"	260	1118	13.6	12.8	5.5	22.2	1.3	1.3	0.60 (605)	1.51 (1512)
Chicken Florentine - Crispy Parm Thin Crust	341	1166	16.7	22.5	10.1	16.8	0.8	1.4	0.87 (871)	2.18 (2177)

Chicken Super Papa	Energy (per 100g)	Energy (per 100g)	Protein (per 100g)	Fat (per 100g)	Saturates (per 100g)	Available Carbohydrate (per 100g)	Sugars (per 100g)	Dietary Fibre (per 100g)	Sodium (per 100g)	Salt (per 100g)
Value Per 100g	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Chicken Super Papa 8"	246	1037	10.6	7.2	2.4	33.8	3.5	2.3	0.54 (544)	1.36 (1360)
Chicken Super Papa 8" ATC	218	916	11.6	7.7	2.7	24.5	2.9	2	0.60 (595)	1.49 (1488)
Chicken Super Papa 8" Stuffed Crust	259	1086	13.4	11.7	5.3	24.2	2.5	1.7	0.52 (519)	1.30 (1297)
Chicken Super Papa 8" Pepperoni stuffed crust	306	1073	14.9	17.7	7.6	20.6	2.1	1.8	0.87 (867)	2.17 (2169)
Chicken Super Papa 10"	246	1034	10.6	7.4	2.5	33.1	3.5	2.2	0.55 (553)	1.38 (1383)
Chicken Super Papa 10" ATC	232	976	10.1	6.8	2.2	31.5	3.5	2.2	0.53 (534)	1.33 (1335)
Chicken Super Papa 10" Stuffed Crust.	265	1113	12.3	11.1	5	27.9	2.8	1.8	0.48 (476)	1.19 (1190)
Chicken Super Papa 10" Pepperoni Stuffed crust	302	1068	14.5	17.1	7.1	21.4	2.2	1.8	0.85 (846)	2.11 (2114)
Chicken Super Papa 13"	247	1041	11	7.4	2.6	33.1	3.5	2.2	0.56 (555)	1.39 (1388)
Chicken Super Papa 13" ATC	227	954	10.7	7.5	2.7	28.1	3.2	2.1	0.56 (559)	1.40 (1398)
Chicken Super Papa 13" Stuffed Crust	263	1107	12.5	10.7	4.8	28.4	2.9	1.9	0.48 (484)	1.21 (1211)
Chicken Super Papa 13" Pepperoni Stuffed Crust	283	992	13.5	13.5	5.9	25.6	2.6	1.8	0.74 (737)	1.84 (1843)
Chicken Super Papa 14"	269	1141	12.2	13.1	4.8	24.5	1.5	1.5	0.66 (664)	1.66 (1659)

Garlic Parmesan Chicken	Energy (per 100g)	Energy (per 100g)	Protein (per 100g)	Fat (per 100g)	Saturates (per 100g)	Available Carbohydrate (per 100g)	Sugars (per 100g)	Dietary Fibre (per 100g)	Sodium (per 100g)	Salt (per 100g)
Value Per 100g	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Garlic Parmesan Chicken 8"	259	998	10.7	9	2.8	32.8	3.4	2.1	0.70 (696)	1.74 (1741)
Garlic Parmesan Chicken 8" ATC	231	939	11.6	8.5	3.1	26.2	3	1.8	0.49 (490)	1.23 (1226)
Garlic Parmesan Chicken 8" Stuffed Crust	278	1094	12.7	13	5.6	26.8	2.7	1.7	0.57 (574)	1.44 (1436)
Garlic Parmesan Chicken 8" Pepperoni stuffed crust	318	1095	14.9	18.5	8	21.8	2.2	1.7	0.77 (765)	1.91 (1914)
Garlic Parmesan Chicken 10"	251	958	11	9.2	2.8	30.2	3.2	2	0.70 (700)	1.75 (1751)
Garlic Parmesan Chicken 10" ATC	240	891	10.6	9	2.6	28.3	3.1	1.9	0.71 (712)	1.78 (1780)
Garlic Parmesan Chicken 10" Stuffed crust	269	1049	12.6	12.5	5.3	25.6	2.6	1.6	0.59 (595)	1.49 (1487)
Garlic Parmesan Chicken 10" Pepperoni stuffed crust	298	1044	14.1	17.2	7.4	20.8	2.3	1.7	0.72 (722)	1.81 (1806)
Garlic Parmesan Chicken 13"	257	993	11.2	9.1	2.9	31.5	3.3	2	0.69 (693)	1.73 (1732)
Garlic Parmesan Chicken 13" ATC	241	898	11.1	9.7	3.1	26.4	3	1.8	0.74 (741)	1.85 (1852)
Garlic Parmesan Chicken 13" Stuffed Crust	271	1066	12.7	12	5	27.3	2.8	1.7	0.60 (603)	1.51 (1507)
Garlic Parmesan Chicken 13" Pepperoni stuffed crust	260	909	13.4	12.6	5.3	22	2.5	1.8	0.75 (746)	1.86 (1865)
Garlic Parmesan Chicken 14"	247	1030	12.4	12.2	4.2	21.1	1.5	1.5	0.70 (705)	1.76 (1761)
Garlic Parmesan Chicken Crispy Parm Thin Crust	289	1084	13.1	14.9	6.3	24.2	1.5	1.5	0.67 (671)	1.68 (1678)

Hawaiian	Energy (per 100g)	Energy (per 100g)	Protein (per 100g)	Fat (per 100g)	Saturates (per 100g)	Available Carbohydrate (per 100g)	Sugars (per 100g)	Dietary Fibre (per 100g)	Sodium (per 100g)	Salt (per 100g)
Value Per 100g	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Hawaiian 8"	255	1076	11.1	8	3.1	33.6	4.1	2.2	0.65 (646)	1.61 (1614)
Hawaiian 8" ATC	235	992	10.5	7.5	2.9	30.4	4.2	2.2	0.66 (656)	1.64 (1641)
Hawaiian 8" Stuffed Crust	275	1154	13	12.2	5.8	27.4	3.2	1.7	0.55 (547)	1.37 (1367)
Hawaiian 8" Pepperoni stuffed crust	325	1128	14.8	18.8	8.2	22.9	2.7	1.9	0.93 (929)	2.32 (2322)
Hawaiian 10"	243	1024	10.7	7.6	2.9	32	4.5	2.2	0.64 (637)	1.59 (1592)
Hawaiian 10" ATC	221	931	9.8	6	1.9	30.8	4.8	2.2	0.63 (631)	1.58 (1578)
Hawaiian 10" Stuffed Crust.	261	1098	12.2	11.1	5.1	27.3	3.7	1.8	0.56 (562)	1.40 (1404)
Hawaiian 10" Pepperoni stuffed crust	310	1100	14.1	17.6	7.6	22.8	3.1	1.9	0.90 (899)	2.25 (2247)
Hawaiian 13"	253	1067	11.2	8.1	3.3	32.9	4.3	2.2	0.64 (642)	1.60 (1605)
Hawaiian 13" ATC	235	992	10.9	8.3	3.5	28.4	4.4	2	0.67 (669)	1.67 (1673)
Hawaiian 13" Stuffed Crust	267	1125	12.6	11.1	5.2	28.5	3.6	1.8	0.57 (569)	1.42 (1423)
Hawaiian 13" Pepperoni stuffed crust	284	997	13	13.3	5.9	26.9	3.5	1.9	0.77 (772)	1.93 (1930)
Hawaiian 14"	251	1069	9.9	11.2	3.7	26.6	3.3	1.6	0.71 (706)	1.76 (1764)
Hawaiian Crispy Parm Thin Crust	285	1073	12.9	14.3	6.1	24.8	2.6	1.6	0.78 (776)	1.94 (1939)

Little Italy	Energy (per 100g)	Energy (per 100g)	Protein (per 100g)	Fat (per 100g)	Saturates (per 100g)	Available Carbohydrate (per 100g)	Sugars (per 100g)	Dietary Fibre (per 100g)	Sodium (per 100g)	Salt (per 100g)
Value Per 100g	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Little Italy 8"	308	1295	12.5	12.7	5.6	35	3.3	2.3	0.44 (445)	1.11 (1112)
Little Italy 8" ATC	306	1287	12.9	14	6.3	31.2	3	2.4	0.52 (517)	1.29 (1292)
Little Italy 8" Stuffed Crust	315	1325	14.1	15.8	7.8	28.5	2.5	1.8	0.39 (389)	0.97 (974)
Little Italy 8" Pepperoni stuffed crust	360	1271	15.7	21.9	9.9	23.7	2.1	1.9	0.80 (801)	2.00 (2004)
Little Italy 10"	275	1158	11.1	12.1	5	29.5	2.9	2.4	0.43 (427)	1.07 (1069)
Little Italy 10" ATC	269	1129	10.9	12.6	5.1	27	2.7	2.5	0.45 (450)	1.12 (1125)
Little Italy 10" Stuffed Crust.	287	1204	12.4	14.6	6.6	25.6	2.4	2.1	0.39 (392)	0.98 (981)
Little Italy 10" Pepperoni Stuffed crust	329	1190	14.2	20.1	8.8	21.6	2.1	2.1	0.73 (732)	1.83 (1830)
Little Italy 13"	278	1170	11.6	11	4.4	32.1	3.2	2.5	0.65 (652)	1.63 (1629)
Little Italy 13" ATC	274	1153	12.1	13.6	6.1	25	2.6	2.3	0.53 (527)	1.32 (1318)
Little Italy 13" Stuffed Crust	292	1225	13	14.4	6.9	26.8	2.5	2	0.41 (406)	1.01 (1014)
Little Italy 13" Epic Pepperoni stuffed crust	306	1101	13.4	16.2	7.4	25.5	2.4	2	0.60 (602)	1.50 (1505)
Little Italy 14"	289	1224	11.4	16.8	6.3	21.9	1.3	2.2	0.70 (696)	1.74 (1741)
Little Italy Crispy Parm Thin Crust	322	1224	13.8	18.7	8.2	23.3	1.2	1.8	0.77 (774)	1.94 (1936)

Hot & Spicy	Energy (per 100g)	Energy (per 100g)	Protein (per 100g)	Fat (per 100g)	Saturates (per 100g)	Available Carbohydrate (per 100g)	Sugars (per 100g)	Dietary Fibre (per 100g)	Sodium (per 100g)	Salt (per 100g)
Value Per 100g	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Hot & Spicy 8"	241	1013	10.5	8.3	3.6	29.9	3.5	2.2	0.65 (651)	1.63 (1627)
Hot & Spicy ATC 8"	217	915	9.8	8	3.6	25.6	3.4	2.1	0.67 (665)	1.66 (1663)
Hot & Spicy 8" Stuffed Crust	273	1149	12.2	11.9	5.5	28.5	2.9	1.8	0.48 (481)	1.20 (1204)
Hot & Spicy 8" Pepperoni Stuffed Crust	310	1082	14.1	18.2	8.3	21.2	2.4	1.9	0.90 (902)	2.26 (2256)
Hot & Spicy 10"	246	1034	10.8	8.6	3.7	30.3	3.5	2.2	0.65 (648)	1.62 (1621)
Hot & Spicy ATC 10"	233	981	10.3	8.3	3.6	28.3	3.4	2.2	0.65 (650)	1.62 (1625)
Hot & Spicy 10" Stuffed Crust	270	1134	12.1	11.7	5.3	28.1	2.9	1.9	0.49 (489)	1.22 (1222)
Hot & Spicy 10" Pepperoni Stuffed crust	312	1107	14.2	18.2	8.2	21.7	2.4	1.9	0.90 (896)	2.24 (2239)
Hot & Spicy 13"	253	1067	10.9	8.6	3.7	32.1	3.5	2.2	0.64 (643)	1.61 (1608)
Hot & Spicy ATC 13"	235	987	10.6	9.1	4.2	26.5	3.3	2.1	0.68 (681)	1.70 (1704)
Hot & Spicy 13" Stuffed Crust	268	1125	11.9	11	4.8	29.2	3.1	1.9	0.51 (509)	1.27 (1271)
Hot & Spicy 13" Pepperoni Stuffed crust	285	997	12.8	13.7	6.3	26.2	2.8	1.9	0.77 (766)	1.91 (1914)
Hot & Spicy 14"	259	1101	10.3	13	5.3	24.3	2	1.6	0.72 (716)	1.79 (1791)
Hot & Spicy Crispy Parm Thin Crust	291	1093	12.4	15.3	6.9	24.5	1.7	1.6	0.74 (741)	1.85 (1851)

Mexican Ole	Energy (per 100g)	Energy (per 100g)	Protein (per 100g)	Fat (per 100g)	Saturates (per 100g)	Available Carbohydrate (per 100g)	Sugars (per 100g)	Dietary Fibre (per 100g)	Sodium (per 100g)	Salt (per 100g)
Value Per 100g	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Mexican Ole 8"	227	978	9.8	6.7	2.8	31.1	3.5	2.1	0.31 (312)	0.78 (780)
Mexican Ole 8" ATC	201	873	9.2	5.9	2.4	26.8	3.4	2.1	0.33 (328)	0.82 (820)
Mexican Ole 8" Stuffed Crust	250	1065	11.7	10.6	5.3	26.1	2.8	1.7	0.29 (290)	0.72 (724)
Mexican Ole 8" Pepperoni stuffed crust	298	1055	13.5	16.8	7.5	22.2	2.4	1.8	0.67 (671)	1.68 (1676)
Mexican Ole 10"	229	986	9.9	6.8	2.9	31.2	3.4	2	0.31 (312)	0.78 (779)
Mexican Ole 10" ATC	234	984	9.9	6.4	2.2	32.9	3.6	2.2	0.54 (543)	1.36 (1357)
Mexican Ole 10" Stuffed Crust	250	1066	11.7	10.4	5.1	26.5	2.8	1.7	0.29 (291)	0.73 (729)
Mexican Ole 10" Pepperoni stuffed crust	297	1070	13.4	16.5	7.3	22.7	2.4	1.8	0.66 (657)	1.64 (1642)
Mexican Ole 13"	243	1039	10.1	7.5	3.3	32.9	3.6	2	0.32 (322)	0.80 (805)
Mexican Ole 13" ATC	222	952	10	7.6	3.5	27.6	3.3	2	0.37 (373)	0.93 (933)
Mexican Ole 13" Stuffed Crust	259	1100	11.6	10.5	5.2	28.6	3	1.7	0.30 (301)	0.75 (753)
Mexican Ole 13" Pepperoni Stuffed crust	276	976	12.2	12.7	5.9	27.1	2.9	1.8	0.51 (512)	1.28 (1279)
Mexican Ole 14"	237	1027	10	11.3	4.2	23	1.9	1.7	0.59 (587)	1.47 (1468)
Mexican Ole Crispy Parm Thin Crust	274	1041	12.2	13.9	6	23.5	1.7	1.7	0.64 (637)	1.59 (1592)

Philly CheeseSteak	Energy (per 100g)	Energy (per 100g)	Protein (per 100g)	Fat (per 100g)	Saturates (per 100g)	Available Carbohydrate (per 100g)	Sugars (per 100g)	Dietary Fibre (per 100g)	Sodium (per 100g)	Salt (per 100g)
Value Per 100g	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Philly CheeseSteak Pizza - 8"	292	810	11.2	11.7	4.1	35.2	3.6	1.8	0.34 (339)	0.85 (846)
Philly CheeseSteak Pizza - 8" ATC	286	738	11.1	12.7	4.2	31.6	3.5	1.7	0.38 (376)	0.94 (939)
Philly CheeseSteak Pizza - 8" stuffed crust	303	906	13.1	15	6.8	28.6	2.8	1.4	0.31 (307)	0.77 (767)
Philly CheeseSteak Pizza 8" Pepperoni stuffed crust	346	1146	15	21.2	9.3	23.8	2.3	1.6	0.57 (570)	1.43 (1425)
Philly CheeseSteak Pizza - 10"	285	778	10.9	11.8	4.1	33.8	3.7	1.8	0.34 (338)	0.85 (846)
Philly CheeseSteak Pizza - 10" ATC	280	737	10.6	12.2	4	31.7	3.6	1.8	0.35 (352)	0.88 (881)
Philly Cheesesteak Pizza - 10" Stuffed Crust	284	1192	13.8	12.9	6.6	27	2.7	1.5	0.38 (375)	0.94 (938)
Philly Cheesesteak Pizza 10" Pepperoni Stuffed Crust	330	1380	15.6	19.3	9.1	22.6	2.2	1.7	0.62 (622)	1.55 (1555)
Philly CheeseSteak Pizza - 13"	282	788	11.5	11.1	4.1	33.8	3.5	1.8	0.34 (341)	0.85 (852)
Philly CheeseSteak Pizza - 13" ATC	274	669	11.8	12.5	4.6	28.3	3.3	1.7	0.41 (411)	1.03 (1028)
Philly Cheesesteak Pizza - 13" Stuffed Crust	283	1189	14	12.3	6.3	28.1	2.7	1.6	0.39 (388)	0.97 (970)
Philly Cheesesteak Pizza 13" Pepperoni Stuffed Crust	298	1251	14.6	14.4	7.1	26.6	2.6	1.6	0.47 (468)	1.17 (1170)
Philly CheeseSteak Pizza - 14"	292	732	12.1	16.1	5.5	24.3	1.8	1.4	0.62 (623)	1.56 (1558)
Philly CheeseSteak Crispy Parm Thin Crust	323	727	13.9	18.2	7	25.1	1.5	1.5	0.67 (666)	1.67 (1666)

Spicy Buffalo Chicken	Energy (per 100g)	Energy (per 100g)	Protein (per 100g)	Fat (per 100g)	Saturates (per 100g)	Available Carbohydrate (per 100g)	Sugars (per 100g)	Dietary Fibre (per 100g)	Sodium (per 100g)	Salt (per 100g)
Value Per 100g	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Spicy Buffalo Chicken Pizza - 8"	264	857	10.5	8.8	4	34.8	3.5	1.8	0.39 (388)	0.97 (969)
Spicy Buffalo Chicken Pizza - 8" ATC	247	790	10.1	9	4.2	30.5	3.3	1.7	0.45 (451)	1.13 (1129)
Spicy Buffalo Chicken Pizza - 8" Stuffed Crust	282	983	12.5	13	6.6	28.4	2.8	1.4	0.40 (398)	1.00 (995)
Spicy Buffalo Chicken Pizza 8" Pepperoni Stuffed Crust	329	1210	14.5	19.5	9.1	23.7	2.4	1.6	0.65 (645)	1.61 (1613)
Spicy Buffalo Chicken Pizza - 10"	272	894	11.6	9.2	3.9	34.8	3.3	1.8	0.41 (412)	1.03 (1031)
Spicy Buffalo Chicken Pizza - 10" ATC	259	872	11.2	9.2	3.9	32.1	3.2	1.6	0.43 (433)	1.08 (1083)
Spicy Buffalo Chicken Pizza - 10" Stuffed Crust	287	1002	13.2	12.9	6.2	29	2.7	1.4	0.41 (409)	1.02 (1024)
Spicy Buffalo Chicken Pizza 10" Pepperoni Stuffed Crust	331	1216	15.1	19.1	8.7	24.4	2.3	1.6	0.64 (645)	1.61 (1612)
Spicy Buffalo Chicken Pizza - 13"	273	900	11.9	9.5	4	34.3	3.2	1.7	0.42 (416)	1.04 (1041)
Spicy Buffalo Chicken Pizza - 13" ATC	258	882	11.8	9.4	3.8	30.9	3	1.5	0.47 (468)	1.17 (1170)
Spicy Buffalo Chicken Pizza - 13" Stuffed Crust	285	984	13.2	12.4	5.9	29.8	2.8	1.5	0.42 (420)	1.05 (1050)
Spicy Buffalo Chicken Pizza 13" Pepperoni Stuffed Crust.	299	1052	13.8	14.4	6.7	28.3	2.6	1.5	0.49 (494)	1.24 (1235)
Spicy Buffalo Chicken Pizza - 14"	270	844	11.8	13.5	5.2	24.8	1.8	1.4	0.79 (791)	1.98 (1978)
Spicy Buffalo Chicken Crispy Parm Thin Crust	312	857	14.4	16.3	6.9	26.1	1.3	1.4	0.80 (796)	1.99 (1989)

Spicy Chicken Ranch	Energy (per 100g)	Energy (per 100g)	Protein (per 100g)	Fat (per 100g)	Saturates (per 100g)	Available Carbohydrate (per 100g)	Sugars (per 100g)	Dietary Fibre (per 100g)	Sodium (per 100g)	Salt (per 100g)
Value Per 100g	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Spicy Chicken Ranch Pizza 8"	279	1199	10.7	11.8	4	32	3.6	1.8	0.47 (468)	1.17 (1170)
Spicy Chicken Ranch Pizza 8" ATC	268	1158	10.4	12.8	3.9	27.3	3.5	1.7	0.54 (544)	1.36 (1360)
Spicy Chicken Ranch Pizza 8" Stuffed Crust	293	1248	12.6	15	6.4	26.4	2.8	1.4	0.41 (410)	1.03 (1026)
Spicy Chicken Ranch Pizza 8" Pepperoni Stuffed crust	339	1209	14.4	21	8.6	22.2	2.4	1.6	0.80 (802)	2.00 (2005)
Spicy Chicken Ranch Pizza 10"	252	1090	10.5	10.8	3.6	27.6	3.3	1.7	0.34 (341)	0.85 (854)
Spicy Chicken Ranch Pizza 10" ATC	241	1048	10.1	10.9	3.3	25.1	3.2	1.7	0.34 (342)	0.85 (854)
Spicy Chicken Ranch Pizza 10" Stuffed Crust	268	1149	12	13.6	5.6	23.8	2.7	1.4	0.32 (317)	0.79 (792)
Spicy Chicken Ranch Pizza 10" Pepperoni stuffed crust	311	1141	13.7	19.1	7.7	20.4	2.4	1.6	0.67 (666)	1.66 (1664)
Spicy Chicken Ranch 13"	257	1116	11.1	10.6	3.7	28.7	3.3	1.8	0.35 (348)	0.87 (870)
Spicy Chicken Ranch 13" ATC	257	960	12.2	13.7	5.2	20.5	2.6	1.4	0.49 (487)	1.22 (1217)
Spicy Chicken Ranch 13" Stuffed Crust	269	1161	12.4	13	5.4	25.3	2.8	1.5	0.33 (325)	0.81 (813)
Spicy Chicken Ranch Pizza 13" Pepperoni stuffed crust	284	1043	12.8	14.8	6	24.1	2.7	1.6	0.52 (520)	1.30 (1300)
Spicy Chicken Ranch 14"	271	1175	10.4	15.8	5	21.1	1.8	1.3	0.72 (723)	1.81 (1807)
Spicy Chicken Ranch Crispy Parm Thin Crust	296	1198	11.7	12.5	4.3	33.1	2.7	1.8	0.41 (411)	1.03 (1027)

Super Papa	Energy (per 100g)	Energy (per 100g)	Protein (per 100g)	Fat (per 100g)	Saturates (per 100g)	Available Carbohydrate (per 100g)	Sugars (per 100g)	Dietary Fibre (per 100g)	Sodium (per 100g)	Salt (per 100g)
Value Per 100g	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Super Papa - 8"	258	1087	11.7	10.6	4.2	28.1	3.1	2.5	0.65 (654)	1.63 (1634)
Super Papa - ATC 8"	243	1021	11.3	10.9	4.3	23.8	2.8	2.6	0.66 (664)	1.66 (1660)
Super Papa - Stuffed Crust 8"	275	1153	13.2	13.7	6.4	23.7	2.5	2.1	0.55 (555)	1.39 (1387)
Super Papa - Pepperoni Stuffed Crust 8"	319	1131	14.8	19.4	8.5	20.2	2.1	2.1	0.90 (895)	2.24 (2238)
Super Papa - 10"	256	1079	11.7	10.5	4.3	27.7	3	2.4	0.67 (666)	1.66 (1664)
Super Papa - ATC 10"	247	1036	11.5	10.7	4.3	25.2	2.9	2.4	0.67 (672)	1.68 (1680)
Super Papa - Stuffed Crust 10"	272	1142	13.1	13.4	6.3	23.8	2.5	2	0.57 (573)	1.43 (1433)
Super Papa - Pepperoni Stuffed Crust 10"	315	1135	14.6	19	8.3	20.4	2.1	2.1	0.89 (892)	2.23 (2231)
Super Papa - 13"	267	1124	12	10.8	4.3	29.5	3.1	2.5	0.68 (680)	1.70 (1700)
Super Papa - ATC 13"	255	1071	12.1	11.9	5	23.8	2.8	2.4	0.72 (724)	1.81 (1811)
Super Papa - Stuffed Crust 13"	279	1171	13.2	13.2	6.1	25.8	2.6	2.1	0.60 (597)	1.49 (1493)
Super Papa - 13" Pepperoni Stuffed Crust	294	1047	13.6	15.2	6.7	24.5	2.5	2.1	0.79 (788)	1.97 (1969)
Super Papa 14"	276	1171	11.7	15.4	5.9	21.7	1.5	2	0.75 (754)	1.88 (1884)
Super Papa - Crispy Parm Thin Crust	304	1157	13.6	17.2	7.3	22.2	1.4	1.9	0.77 (774)	1.94 (1935)

Margherita	Energy (per 100g)	Energy (per 100g)	Protein (per 100g)	Fat (per 100g)	Saturates (per 100g)	Available Carbohydrate (per 100g)	Sugars (per 100g)	Dietary Fibre (per 100g)	Sodium (per 100g)	Salt (per 100g)
Value Per 100g	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Margherita 8"	278	889	10.4	8.5	3.7	39.4	3.7	2.1	0.30 (297)	0.74 (743)
Margherita 8" ATC	262	823	9.9	8.4	3.7	36.3	3.6	2.1	0.33 (331)	0.83 (827)
Margherita 8" Stuffed Crust	293	1019	12.6	12.9	6.5	31.2	2.8	1.6	0.27 (273)	0.68 (682)
Margherita 8" Pepperoni stuffed crust	344	1015	14.6	19.9	9	25.7	2.3	1.8	0.73 (732)	1.83 (1831)
Margherita 10"	276	836	10.8	9.1	4.2	37.3	3.5	2.1	0.34 (337)	0.84 (843)
Margherita 10" ATC	269	808	10.5	9	4.1	35.9	3.5	2	0.35 (350)	0.88 (876)
Margherita 10" Stuffed Crust	291	962	12.7	12.9	6.5	30.5	2.8	1.6	0.31 (308)	0.77 (770)
Margherita 10" Pepperoni stuffed crust	339	983	14.5	19.5	8.9	25.5	2.3	1.8	0.72 (725)	1.81 (1812)
Margherita 13"	283	834	11.2	9.6	4.5	37.4	3.5	2	0.35 (346)	0.86 (864)
Margherita 13" ATC	272	709	11.6	10.7	5.3	32.1	3.2	1.9	0.43 (431)	1.08 (1078)
Margherita 13" Stuffed Crust	290	1221	12.9	12.1	5.7	31.5	3	1.9	0.51 (508)	1.27 (1270)
Margherita 13" Pepperoni Stuffed crust	333	1185	14.6	18.1	8	26.8	2.6	2	0.86 (861)	2.15 (2151)
Margherita 14"	301	811	11.7	15.1	6.1	29.2	1.5	1.7	0.68 (682)	1.71 (1705)
Margherita Crispy Parm Thin Crust	331	1235	13.5	17.3	7.5	28.9	1.5	1.6	0.72 (719)	1.80 (1798)

Garden Special	Energy (per 100g)	Energy (per 100g)	Protein (per 100g)	Fat (per 100g)	Saturates (per 100g)	Available Carbohydrate (per 100g)	Sugars (per 100g)	Dietary Fibre (per 100g)	Sodium (per 100g)	Salt (per 100g)
Value Per 100g	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Garden Special 8"	250	1054	9.6	7.3	2.4	35.4	3.8	2.5	0.50 (500)	1.25 (1250)
Garden Special 8" ATC	211	889	8.3	7.5	2.6	26.6	3.4	2.5	0.44 (443)	1.11 (1107)
Garden Special 8" Stuffed Crust	272	1099	11.9	11.9	5.6	28.4	2.9	1.9	0.43 (429)	1.07 (1073)
Garden Special 8" Pepperoni Stuffed Crust	309	1096	13.1	16.9	7.1	24.7	2.6	2.2	0.77 (765)	1.91 (1913)
Garden Special 10"	245	1031	9.5	7.3	2.5	34	3.7	2.4	0.50 (505)	1.26 (1261)
Garden Special - ATC 10"	214	898	8.3	7.4	2.5	27.3	3.4	2.5	0.44 (442)	1.11 (1105)
Garden Special - Stuffed Crust 10"	250	1049	11	11.3	5.1	24.9	2.8	2	0.41 (413)	1.03 (1032)
Garden Special 10" Pepperoni Stuffed Crust	298	1055	12.9	17.4	7.4	21.3	2.4	2.1	0.77 (766)	1.92 (1915)
Garden Special 13"	246	1034	9.6	7.3	2.5	34.1	3.7	2.4	0.50 (495)	1.24 (1238)
Garden Special - ATC 13"	230	966	9.6	8.9	3.6	26.8	3.3	2.3	0.52 (521)	1.30 (1302)
Garden Special - Stuffed Crust 13"	265	1113	11.7	11.4	5.3	27.9	2.9	2	0.46 (460)	1.15 (1150)
Garden Special 13" Pepperoni Stuffed Crust	306	1098	13.3	16.8	7.3	24.1	2.5	2.1	0.77 (774)	1.93 (1935)
Garden Special 14"	251	1067	9	12.6	4.5	24.3	1.9	1.9	0.54 (545)	1.36 (1362)
Garden Special - Crispy Parm Thin crust	287	1075	11.5	15.1	6.3	24.6	1.6	1.8	0.60 (602)	1.51 (1506)

Green Garden Delight	Energy (per 100g)	Energy (per 100g)	Protein (per 100g)	Fat (per 100g)	Saturates (per 100g)	Available Carbohydrate (per 100g)	Sugars (per 100g)	Dietary Fibre (per 100g)	Sodium (per 100g)	Salt (per 100g)
Value Per 100g	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Green Garden Delight 8"	250	1053	10	9.2	4	30.9	3.1	2.2	0.53 (529)	1.32 (1322)
Green Garden Delight 8" ATC	228	960	9	9.2	4.2	26.4	2.9	2.1	0.50 (504)	1.26 (1261)
Green Garden Delight 8" Stuffed Crust	269	1131	12	12.9	6.4	25.7	2.5	1.8	0.46 (460)	1.15 (1150)
Green Garden Delight 8" Pepperoni stuffed crust	318	1111	13.8	19.1	8.6	21.6	2.1	1.9	0.84 (837)	2.09 (2093)
Green Garden Delight 10"	251	1058	10.1	9.4	4.2	30.6	3	2.2	0.54 (537)	1.34 (1342)
Green Garden Delight 10" ATC	239	1008	9.5	9.2	4.2	28.7	2.9	2.1	0.52 (515)	1.29 (1288)
Green Garden Delight 10" Stuffed Crust	269	1131	12	12.8	6.4	25.8	2.4	1.8	0.47 (471)	1.18 (1178)
Green Garden Delight 10" Pepperoni stuffed crust	317	1124	13.8	18.9	8.6	21.8	2.1	1.9	0.83 (833)	2.08 (2083)
Green Garden Delight 13"	262	1105	10.7	9.7	4.4	32	3.1	2.2	0.56 (562)	1.40 (1404)
Green Garden Delight 13" ATC	245	1033	10.3	10.5	5.1	26.6	2.8	2.1	0.57 (567)	1.42 (1418)
Green Garden Delight 13" Stuffed Crust	275	1157	12.2	12.5	6.2	27.7	2.6	1.9	0.50 (501)	1.25 (1252)
Green Garden Delight 13" Pepperoni Stuffed crust	315	1137	13.7	17.8	8.1	23.9	2.3	1.9	0.81 (810)	2.03 (2025)
Green Garden Delight 14"	271	1151	9.8	14.8	6.4	23.7	1.3	1.5	0.60 (600)	1.50 (1499)
Green Garden Delight Crispy Parm Thin Crust	301	1133	12.2	16.7	7.7	24.3	1.2	1.6	0.65 (645)	1.61 (1613)

Spicy Veggie Ranch	Energy (per 100g)	Energy (per 100g)	Protein (per 100g)	Fat (per 100g)	Saturates (per 100g)	Available Carbohydrate (per 100g)	Sugars (per 100g)	Dietary Fibre (per 100g)	Sodium (per 100g)	Salt (per 100g)
Value Per 100g	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Spicy Veggie Ranch Pizza 8"	293	969	8.9	13.9	4.4	33	3.7	1.7	0.45 (445)	1.11 (1113)
Spicy Veggie Ranch Pizza 8" ATC	287	841	7.9	15.6	4.5	28.5	3.5	1.5	0.52 (516)	1.29 (1290)
Spicy Veggie Ranch Pizza 8" Stuffed crust	304	1028	11.2	16.7	6.9	27	2.9	1.3	0.39 (391)	0.98 (978)
Spicy Veggie Ranch Pizza 8" Pepperoni Stuffed crust	347	1243	13.4	22.4	9.4	22.6	2.4	1.5	0.64 (635)	1.59 (1588)
Spicy Veggie Ranch Pizza 10"	279	909	8.3	13.2	4.1	31.3	3.5	1.7	0.39 (393)	0.98 (982)
Spicy Veggie Ranch Pizza 10" ATC	269	811	7.5	14.1	4.1	27.8	3.5	1.5	0.42 (418)	1.05 (1046)
Spicy Veggie Ranch Pizza 10" Stuffed crust	290	970	10.4	15.7	6.3	26.5	2.8	1.4	0.36 (357)	0.89 (893)
Spicy Veggie Ranch Pizza 10" Pepperoni Stuffed crust	331	1175	12.6	21.1	8.6	22.6	2.4	1.5	0.59 (585)	1.46 (1463)
Spicy Veggie Ranch Pizza 13"	282	958	8.9	12.9	4.3	32.1	3.5	1.7	0.42 (417)	1.04 (1042)
Spicy Veggie Ranch Pizza 13" ATC	272	848	8.4	14.6	4.7	26.7	3.2	1.5	0.50 (495)	1.24 (1238)
Spicy Veggie Ranch Pizza 13" Stuffed Crust	291	1004	10.6	15	6.1	27.9	2.9	1.4	0.38 (381)	0.95 (953)
Spicy Veggie Ranch Pizza 13" Pepperoni Stuffed Crust	325	1173	12.4	19.7	8.1	24.4	2.6	1.5	0.57 (571)	1.43 (1429)
Spicy Veggie Ranch Pizza 14"	289	889	8.1	18.8	5.5	21.6	1.9	1.2	0.72 (723)	1.81 (1807)
Spicy Veggie Ranch Crispy Parm Thin Crust	318	949	10.8	20	7.1	22.9	1.6	1.3	0.74 (742)	1.85 (1854)

Chicken Makhani	Energy (per 100g)	Energy (per 100g)	Protein (per 100g)	Fat (per 100g)	Saturates (per 100g)	Available Carbohydrate (per 100g)	Sugars (per 100g)	Dietary Fibre (per 100g)	Sodium (per 100g)	Salt (per 100g)
Value Per 100g	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Chicken Makhani 8"	244	974	9	7	0.7	35.8	4.8	2.5	0.36 (360)	0.90 (900)
Chicken Makhani 8" ATC	224	872	8.5	7.6	0.7	30.2	4.9	2.3	0.33 (328)	0.82 (821)
Chicken Makhani 8" Stuffed crust	267	1079	11.4	11.5	4.1	28.8	3.7	1.9	0.31 (310)	0.78 (776)
Chicken Makhani 8" Pepperoni Stuffed crust	319	1302	13.8	18.7	7.3	23.8	3	2	0.59 (589)	1.47 (1471)
Chicken Makhani 10"	228	904	8.4	6.5	0.6	33.5	4.8	2.4	0.33 (332)	0.83 (830)
Chicken Makhani 10" ATC	215	840	8	6.8	0.6	30.2	4.9	2.3	0.31 (311)	0.78 (778)
Chicken Makhani 10" Stuffed crust	251	1009	10.6	10.6	3.6	27.9	3.9	2	0.30 (295)	0.74 (738)
Chicken Makhani 10" Pepperoni Stuffed crust	303	1229	12.9	17.4	6.6	23.3	3.2	2	0.56 (557)	1.39 (1393)
Chicken Makhani 13"	231	926	9.1	6	0.6	34.6	4.7	2.4	0.35 (353)	0.88 (883)
Chicken Makhani 13" ATC	207	807	8.6	6.3	0.6	28.5	4.8	2.3	0.32 (319)	0.80 (799)
Chicken Makhani 13" stuffed crust	250	1013	11	9.6	3.2	29.6	3.9	2	0.32 (317)	0.79 (791)
Chicken Makhani 13" Pepperoni stuffed crust	294	1199	12.9	15.5	5.8	25.5	3.4	2.1	0.54 (536)	1.34 (1340)
Chicken Makhani 14"	259	1030	10.5	14.1	4.6	22.3	2.9	1.4	0.40 (402)	1.00 (1004)
Chicken Makhani Crispy Parm Thin Crust	267	915	10.1	12.5	3.1	27.5	3	1.8	0.38 (383)	0.96 (957)

Paneer Makhani	Energy (per 100g)	Energy (per 100g)	Protein (per 100g)	Fat (per 100g)	Saturates (per 100g)	Available Carbohydrate (per 100g)	Sugars (per 100g)	Dietary Fibre (per 100g)	Sodium (per 100g)	Salt (per 100g)
Value Per 100g	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Paneer Makhani 8" ATC	261	723	7.9	12.3	3.2	29.3	4.4	2.5	0.23 (227)	0.57 (567)
Paneer Makhani 8"	271	848	8.5	10.7	2.6	34.7	4.4	2.6	0.28 (278)	0.69 (694)
Paneer Makhani 8" Stuffed crust	286	973	10.9	14.1	5.4	28.4	3.5	2	0.25 (249)	0.62 (623)
Paneer Makhani 8" Pepperoni Stuffed crust	333	1202	13.2	20.4	8.2	23.7	2.9	2.1	0.52 (522)	1.31 (1306)
Paneer Makhani 10" ATC	249	703	7.7	11.2	2.9	29.1	4.4	2.5	0.22 (223)	0.56 (557)
Paneer Makhani 10"	257	778	8	10.4	2.6	32.2	4.4	2.5	0.25 (252)	0.63 (631)
Paneer Makhani 10" Stuffed crust	272	897	10.2	13.4	5	27.3	3.6	2.1	0.23 (233)	0.58 (583)
Paneer Makhani 10" Pepperoni Stuffed crust	317	1120	12.4	19.3	7.6	23.2	3.1	2.1	0.49 (487)	1.22 (1218)
Paneer Makhani 13" ATC	244	685	7.6	10.8	2.9	28.7	4.4	2.5	0.22 (217)	0.54 (543)
Paneer Makhani 13"	258	826	8.2	9.4	2.3	34.4	4.5	2.6	0.27 (272)	0.68 (681)
Paneer Makhani 13" stuffed crust	272	925	10.2	12.3	4.6	29.6	3.7	2.2	0.25 (251)	0.63 (627)
Paneer Makhani 13" Pepperoni stuffed crust	311	1116	12.1	17.6	6.9	25.7	3.2	2.2	0.47 (471)	1.18 (1176)
Paneer Makhani 14"	283	915	9.8	17	6.1	22.4	2.7	1.6	0.32 (322)	0.80 (805)
Paneer Makhani Crispy Parm Thin Crust	297	794	9	16.3	5	27.7	2.8	2	0.28 (283)	0.71 (708)

Paneer Garden Party	Energy (per 100g)	Energy (per 100g)	Protein (per 100g)	Fat (per 100g)	Saturates (per 100g)	Available Carbohydrate (per 100g)	Sugars (per 100g)	Dietary Fibre (per 100g)	Sodium (per 100g)	Salt (per 100g)
Value Per 100g	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Paneer Garden Party 8" ATC	227	599	7.7	9.3	2.9	27.9	4.2	2.5	0.23 (234)	0.58 (584)
Paneer Garden Party 8"	244	746	8.3	8.4	2.4	33.3	4.3	2.6	0.28 (281)	0.70 (703)
Paneer Garden Party 8" Stuffed crust	265	889	10.6	12.2	5.2	27.5	3.4	2.1	0.25 (253)	0.63 (632)
Paneer Garden Party 8" Pepperoni Stuffed crust	314	1125	12.9	18.7	7.9	23.1	2.8	2.1	0.52 (518)	1.30 (1295)
Paneer Garden Party 10" ATC	238	640	8.2	9.3	2.9	30.1	4.2	2.5	0.24 (240)	0.60 (601)
Paneer Garden Party 10"	239	702	8.2	8.4	2.5	32	4.2	2.5	0.26 (259)	0.65 (648)
Paneer Garden Party 10" Stuffed crust	266	860	10.6	12.2	5.1	27.9	3.4	2.1	0.25 (246)	0.62 (615)
Paneer Garden Party 10" Pepperoni Stuffed crust	313	1095	12.8	18.5	7.7	23.5	2.9	2.1	0.51 (505)	1.26 (1263)
Paneer Garden Party 13" ATC	239	642	8.1	9.4	3	30	4.2	2.6	0.24 (244)	0.61 (610)
Paneer Garden Party 13"	256	800	8.7	8.3	2.4	35.8	4.3	2.7	0.30 (296)	0.74 (739)
Paneer Garden Party 13" stuffed crust	270	908	10.6	11.5	4.7	30.5	3.6	2.2	0.27 (269)	0.67 (673)
Paneer Garden Party 13" Pepperoni stuffed crust	311	1108	12.6	17.1	7.1	26.3	3.1	2.2	0.49 (494)	1.24 (1236)
Paneer Garden Party 14"	278	881	10.5	15.9	6.3	23.2	2.4	1.6	0.35 (349)	0.87 (874)
Paneer Garden Party Crispy Parm Thin Crust	297	761	9.6	15.3	5.3	28.9	2.5	2.1	0.31 (312)	0.78 (781)

Cheddar Makhani	Energy (per 100g)	Energy (per 100g)	Protein (per 100g)	Fat (per 100g)	Saturates (per 100g)	Available Carbohydrate (per 100g)	Sugars (per 100g)	Dietary Fibre (per 100g)	Sodium (per 100g)	Salt (per 100g)
Value Per 100g	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Cheddar Makhani 8" ATC	323	1286	13.9	17.6	7.4	27.2	3.5	1.7	0.51 (514)	1.28 (1285)
Cheddar Makhani 10" ATC	320	1275	13.6	16.6	6.9	29	3.6	1.8	0.51 (505)	1.26 (1263)
Cheddar Makhani 13" ATC	321	1281	14.2	17.1	7.6	27.4	3.4	1.7	0.52 (522)	1.31 (1306)
Cheddar Makhani 8"	320	1289	13.1	14.8	5.9	33	3.7	2	0.50 (502)	1.26 (1255)
Cheddar Makhani 10"	318	1279	13.2	15	6.1	32.3	3.8	2	0.50 (499)	1.25 (1248)
Cheddar Makhani 13"	318	1286	13.3	14.2	5.9	33.6	3.7	2	0.51 (508)	1.27 (1269)
Cheddar Makhani 8" Stuffed crust	327	1050	14.4	17.5	7.8	26.9	2.9	1.6	0.62 (616)	1.54 (1539)
Cheddar Makhani 10" Stuffed Crust	325	1068	14.2	17.5	7.7	27	3	1.6	0.60 (601)	1.50 (1502)
Cheddar Makhani 13" Stuffed Crust	324	1096	14.3	16.4	7.4	28.7	3.1	1.7	0.60 (596)	1.49 (1491)
Cheddar Makhani 8" Pepperoni Stuffed crust	367	1267	16.1	23.3	10.1	22.4	2.4	1.7	0.83 (828)	2.07 (2069)
Cheddar Makhani 10" Pepperoni Stuffed Crust	364	1275	15.9	23	10	22.6	2.5	1.7	0.81 (808)	2.02 (2020)
Cheddar Makhani 13" Pepperoni Stuffed Crust	357	1267	15.7	21.3	9.4	24.8	2.6	1.8	0.77 (773)	1.93 (1932)
Cheddar Makhani 14"	365	1216	14.8	23	9.6	23.8	1.5	1.5	0.64 (640)	1.60 (1600)
Cheddar Makhani Crispy Parm Thin Crust	370	1355	15.5	22.5	9.7	25.7	1.7	1.2	0.58 (577)	1.44 (1442)

Chorizo	Energy (per 100g)	Energy (per 100g)	Protein (per 100g)	Fat (per 100g)	Saturates (per 100g)	Available Carbohydrate (per 100g)	Sugars (per 100g)	Dietary Fibre (per 100g)	Sodium (per 100g)	Salt (per 100g)
Value Per 100g	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Chorizo 6"	284	1070	11.7	10.6	4.6	34.8	3.5	1.8	0.40 (404)	1.01 (1009)
Chorizo 8" ATC	277	1012	12.5	12.1	5.6	28.7	2.9	1.4	0.41 (410)	1.02 (1024)
Chorizo 8"	284	1079	11.3	9.9	4.2	36.4	3.5	1.9	0.38 (378)	0.95 (946)
Chorizo Stuffed crust 8"	299	885	12.9	13.7	6.4	29.5	2.8	1.5	0.53 (531)	1.33 (1327)
Chorizo 10" ATC	279	1016	12.2	11.7	5.3	30.3	3.1	1.7	0.49 (494)	1.23 (1234)
Chorizo 10"	283	1052	11.8	10.9	4.8	33.6	3.3	1.8	0.43 (434)	1.08 (1084)
Chorizo stuffed crust 10"	297	894	13.1	14	6.5	28.2	2.7	1.4	0.55 (553)	1.38 (1383)
Chorizo 13" ATC	283	1006	13.1	13.1	6.2	27.2	2.8	1.5	0.56 (564)	1.41 (1410)
Chorizo 13"	288	1070	12.2	11.3	5.1	33.4	3.3	1.7	0.45 (446)	1.12 (1116)
Chorizo stuffed crust 13"	299	928	13.3	13.9	6.5	28.9	2.8	1.5	0.55 (546)	1.37 (1366)
Chorizo 14"	289	1092	13	15.2	5.4	24.3	1.5	1.3	0.75 (754)	1.88 (1884)
Chorizo Pepperoni Stuffed crust 8"	338	1131	14.9	19.5	8.4	24.6	2.3	1.6	0.75 (750)	1.87 (1874)
Chorizo Pepperoni stuffed crust 10"	331	1119	14.9	19.1	8.2	23.9	2.3	1.6	0.75 (750)	1.87 (1874)
Chorizo Pepperoni stuffed crust 13"	325	1110	14.8	17.9	7.8	25.3	2.4	1.6	0.71 (706)	1.77 (1766)
Chorizo Crispy Parm Thin Crust	314	1061	14.4	16.7	6.5	25.1	1.3	1.3	0.75 (751)	1.88 (1877)

Chorizo & Chicken	Energy (per 100g)	Energy (per 100g)	Protein (per 100g)	Fat (per 100g)	Saturates (per 100g)	Available Carbohydrate (per 100g)	Sugars (per 100g)	Dietary Fibre (per 100g)	Sodium (per 100g)	Salt (per 100g)
Value Per 100g	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Chorizo & Chicken 6"	268	1011	11.9	9.8	4.2	32.2	3.5	1.8	0.40 (400)	1.00 (999)
Chorizo & Chicken 8" ATC	245	932	12.6	10	4.6	25.4	3.1	1.4	0.38 (384)	0.96 (960)
Chorizo & Chicken 8"	258	1008	11.5	8.5	3.6	32.9	3.6	1.9	0.36 (361)	0.90 (903)
Chorizo & Chicken Stuffed crust 8"	277	846	12.9	12.3	5.7	27.3	2.9	1.5	0.50 (504)	1.26 (1259)
Chorizo & Chicken 10" ATC	245	933	11.9	9.6	4.4	27	3.3	1.7	0.44 (442)	1.10 (1104)
Chorizo & Chicken 10"	252	973	11.6	9.1	4	30.2	3.5	1.8	0.39 (394)	0.99 (986)
Chorizo & Chicken stuffed crust 10"	269	844	12.8	12.2	5.7	25.9	2.9	1.5	0.51 (509)	1.27 (1272)
Chorizo & Chicken 13" ATC	245	937	12.8	10.4	5	24.3	3.1	1.6	0.50 (496)	1.24 (1240)
Chorizo & Chicken 13"	257	1007	12.1	9.3	4.2	30.4	3.4	1.8	0.40 (404)	1.01 (1009)
Chorizo & Chicken stuffed crust 13"	271	888	13.1	11.9	5.7	26.7	3	1.5	0.50 (500)	1.25 (1251)
Chorizo & Chicken 14"	262	1028	12.7	12.6	4.4	23.4	1.9	1.4	0.65 (649)	1.62 (1623)
Chorizo & Chicken Pepperoni Stuffed crust 8"	318	1079	14.8	18	7.9	23.1	2.4	1.6	0.71 (713)	1.78 (1781)
Chorizo & Chicken Pepperoni stuffed crust 10"	307	1058	14.5	17.3	7.6	22.3	2.5	1.6	0.70 (697)	1.74 (1743)
Chorizo & Chicken Pepperoni stuffed crust 13"	312	1107	14.8	16.2	7.2	25.8	4.3	2.2	0.66 (661)	1.65 (1652)
Chorizo & Chicken Crispy Parm Thin Crust	278	987	14	14	5.7	22.5	1.8	1.4	0.67 (666)	1.67 (1666)

Bulls Eye Super Papa	Energy (per 100g)	Energy (per 100g)	Protein (per 100g)	Fat (per 100g)	Saturates (per 100g)	Available Carbohydrate (per 100g)	Sugars (per 100g)	Dietary Fibre (per 100g)	Sodium (per 100g)	Salt (per 100g)
Value Per 100g	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Bulle Eye Super Papa 8" ATC	240	847	9	7.7	2.6	32.4	10	2.4	0.71 (709)	1.77 (1772)
Bulls Eye Super Papa 8"	254	942	9.3	7.1	2.2	36.9	8.9	2.6	0.66 (656)	1.64 (1641)
Bulls Eye Super Papa 8" Stuffed Crust	272	1041	11.6	11.1	5	30.3	7	2	0.57 (574)	1.43 (1434)
Bulls Eye Super Papa 8" Pepperoni Stuffed crust	322	1261	13.7	17.9	7.7	25.4	5.9	2.2	0.75 (746)	1.86 (1865)
Bulls Eye Super Papa 10" ATC	250	905	9.5	7.7	2.5	34.1	9.2	2.7	0.67 (670)	1.68 (1676)
Bulls Eye Super Papa 10"	257	957	9.6	7.4	2.2	36.7	8.6	2.7	0.64 (642)	1.61 (1606)
Bulls Eye Super Papa 10" Stuffed crust	274	1049	11.6	11.1	4.8	30.7	7	2.2	0.55 (547)	1.37 (1368)
Bulls Eye Super Papa 10" Pepperoni Stuffed crust	321	1257	13.7	17.7	7.5	25.8	5.9	2.2	0.76 (762)	1.90 (1904)
Bulls Eye Super Papa 13" ATC	255	936	9.7	8.3	2.5	33.8	8.9	2.7	0.70 (697)	1.74 (1742)
Bulls Eye Super Papa 13"	268	1026	9.9	7.5	2	38.8	7.8	2.8	0.64 (638)	1.60 (1595)
Bulls Eye Super Papa 13" Stuffed crust	281	1096	11.7	10.9	4.5	32.9	6.4	2.3	0.55 (550)	1.38 (1375)
Bulls Eye Super Papa 14"	302	1146	9.3	12.9	3.3	35.5	7.4	2.3	0.72 (725)	1.81 (1812)
Bulls Eye Super Papa Crispy Parm Thin crust	313	1037	11.2	14.5	5	32.4	6.7	2.2	0.73 (734)	1.83 (1835)

Bulls Eye Hawaiian Chicken	Energy (per 100g)	Energy (per 100g)	Protein (per 100g)	Fat (per 100g)	Saturates (per 100g)	Available Carbohydrate (per 100g)	Sugars (per 100g)	Dietary Fibre (per 100g)	Sodium (per 100g)	Salt (per 100g)
Value Per 100g	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Bulls Eye Hawaiian Chicken BBQ 8" ATC	209	701	7.8	2.6	0.3	37.3	12.5	2.1	0.49 (488)	1.22 (1220)
Bulls Eye Hawaiian Chicken BBQ 8"	232	837	8.4	3.1	0.4	41	10.7	2.3	0.48 (482)	1.20 (1204)
Bulls Eye Hawaiian Chicken BBQ 8" Stuffed crust	256	969	10.9	8.4	3.8	33.1	8.3	1.8	0.41 (407)	1.02 (1017)
Bulls Eye Hawaiian Chicken BBQ 8" Pepperoni Stuffed crust	309	1205	13.3	15.9	6.9	27.4	6.9	1.9	0.66 (660)	1.65 (1651)
Bulls Eye Hawaiian Chicken BBQ 10" ATC	199	696	7.4	2.5	0.3	35.2	11	2.1	0.43 (429)	1.07 (1074)
Bulls Eye Hawaiian Chicken BBQ 10"	213	775	7.8	2.9	0.3	37.6	10.2	2.2	0.43 (433)	1.08 (1083)
Bulls Eye Hawaiian Chicken BBQ 10" Stuffed crust	239	904	9.8	7.5	3.3	32	8.3	1.8	0.37 (374)	0.93 (935)
Bulls Eye Hawaiian Chicken BBQ 10" Pepperoni Stuffed crust	289	1127	12.4	14.4	6.2	26.6	6.9	1.9	0.62 (617)	1.54 (1541)
Bulls Eye Hawaiian Chicken BBQ 13" ATC	194	693	8.2	2.5	0.3	33.4	10.3	2	0.43 (427)	1.07 (1068)
Bulls Eye Hawaiian Chicken BBQ 13"	221	834	8.7	3.1	0.4	38.2	9	2.2	0.43 (435)	1.09 (1087)
Bulls Eye Hawaiian Chicken BBQ 13" Stuffed crust	241	934	10.6	7.1	3	32.6	7.5	1.9	0.39 (385)	0.96 (963)
Bulls Eye Hawaiian Chicken BBQ 14"	236	882	7.7	6.6	1	34.9	9	1.6	0.45 (448)	1.12 (1119)
Bulls Eye Hawaiian Chicken BBQ Crispy Parm Thin Crust	253	804	9.6	8.7	2.7	32.1	8.2	1.6	0.48 (481)	1.20 (1201)

Tabasco Chicken Ranch	Energy (per 100g)	Energy (per 100g)	Protein (per 100g)	Fat (per 100g)	Saturates (per 100g)	Available Carbohydrate (per 100g)	Sugars (per 100g)	Dietary Fibre (per 100g)	Sodium (per 100g)	Salt (per 100g)
Value Per 100g	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Tabasco Chicken Ranch 8 ATC*	297	1033	11.7	14.7	5.3	29.2	3.1	1.3	0.40 (398)	0.99 (994)
Tabasco Chicken Ranch 10" ATC	278	970	10.7	13.1	4.6	29	3.1	1.3	0.35 (345)	0.86 (863)
Tabasco Chicken Ranch 13" ATC	277	987	11.6	13.5	5	27	3	1.2	0.39 (392)	0.98 (980)
Tabasco Chicken Ranch 6"	333	1128	11.4	15.6	5.1	36.3	3.5	1.5	0.36 (363)	0.91 (907)
Tabasco Chicken Ranch 8"	300	1094	11.2	12.5	4.4	35.2	3.5	1.5	0.31 (314)	0.78 (784)
Tabasco Chicken Ranch 10"	282	1013	10.5	12.1	4.1	32.5	3.3	1.5	0.30 (303)	0.76 (758)
Tabasco Chicken Ranch 13"	285	1056	11.1	11.7	4.1	33.3	3.4	1.5	0.31 (311)	0.78 (778)
Tabasco Chicken Ranch 8" Stuffed Crust	312	902	12.8	15.7	6.5	28.8	2.7	1.2	0.46 (464)	1.16 (1161)
Tabasco Chicken Ranch 10" Stuffed Crust	295	866	12	14.8	6	27.5	2.7	1.2	0.43 (433)	1.08 (1082)
Tabasco Chicken Ranch 13" Stuffed Crust	295	920	12.3	14	5.8	29	2.8	1.3	0.42 (421)	1.05 (1053)
Tabasco Chicken Ranch 8" Pepperoni Stuffed Crust	353	1139	14.8	21.6	9	24.1	2.3	1.4	0.70 (697)	1.74 (1743)
Tabasco Chicken Ranch 10" Pepperoni Stuffed Crust	336	1090	13.9	20.4	8.4	23.4	2.3	1.4	0.65 (653)	1.63 (1632)
Tabasco Chicken Ranch 13" Pepperoni Stuffed Crust	329	1099	13.9	18.8	7.8	25.4	2.5	1.4	0.60 (605)	1.51 (1511)
Tabasco Chicken Ranch 14"	336	1106	11.7	20.9	6.3	24.9	1.4	0.9	0.63 (632)	1.58 (1579)
Tabasco Chicken Ranch Crispy Parm Thin Crust	322	1069	13.5	18.6	7	24.2	1.5	1	0.61 (609)	1.52 (1523)

Piri Piri Chicken	Energy (per 100g)	Energy (per 100g)	Protein (per 100g)	Fat (per 100g)	Saturates (per 100g)	Available Carbohydrate (per 100g)	Sugars (per 100g)	Dietary Fibre (per 100g)	Sodium (per 100g)	Salt (per 100g)
Value Per 100g	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Piri Piri Chicken 8" ATC	210	896	10.4	8	3.6	24.2	3.1	1.8	0.45 (451)	1.13 (1128)
Piri Piri Chicken 10" ATC	219	935	10.5	7.8	3.5	26.8	3.1	1.7	0.39 (387)	0.97 (967)
Piri Piri Chicken 13" ATC	244	1036	10.4	7.9	3.5	32.4	3.4	1.9	0.36 (363)	0.91 (907)
Piri Piri Chicken 6"	243	1046	10.4	8.3	3.5	32.1	3.4	2	0.43 (432)	1.08 (1080)
Piri Piri Chicken 8"	229	975	10.2	7.3	3.1	30.4	3.4	1.9	0.37 (368)	0.92 (920)
Piri Piri Chicken 10"	230	981	10.3	7.4	3.1	30.4	3.3	1.8	0.34 (342)	0.85 (855)
Piri Piri Chicken 13"	244	1036	10.4	7.9	3.5	32.4	3.4	1.9	0.36 (363)	0.91 (907)
Piri Piri Chicken 8" Stuffed Crust	252	825	11.8	11.1	5.3	25.5	2.8	1.6	0.49 (493)	1.23 (1232)
Piri Piri Chicken 10" Stuffed crust	252	844	11.8	10.9	5.1	26	2.8	1.5	0.46 (460)	1.15 (1151)
Piri Piri Chicken 13" Stuffed crust	260	902	11.7	10.9	5.2	28.1	2.9	1.6	0.47 (466)	1.17 (1166)
Piri Piri Chicken 8" Pepperoni Stuffed Crust	299	1053	13.8	17.2	7.8	21.7	2.3	1.7	0.70 (701)	1.75 (1753)
Piri Piri Chicken 8" Pepperoni Stuffed crust	298	1065	13.7	16.9	7.6	22.2	2.4	1.6	0.67 (670)	1.67 (1675)
Piri Piri Chicken 13" Pepperoni Stuffed crust	299	1084	13.4	16.1	7.3	24.6	2.5	1.7	0.65 (646)	1.61 (1614)
Piri Piri Chicken Crispy Parm Thin Crust	276	1045	12.7	14.4	6.3	23	1.5	1.5	0.67 (674)	1.68 (1685)

Piri Piri Passion	Energy (per 100g)	Energy (per 100g)	Protein (per 100g)	Fat (per 100g)	Saturates (per 100g)	Available Carbohydrate (per 100g)	Sugars (per 100g)	Dietary Fibre (per 100g)	Sodium (per 100g)	Salt (per 100g)
Value Per 100g	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Piri Piri Passion 8" ATC	220	942	10.9	8.4	3.8	25.4	3.2	1.9	0.48 (475)	1.19 (1189)
Piri Piri Passion 10" ATC	232	990	11	8.3	3.7	28.4	3.3	1.8	0.41 (411)	1.03 (1027)
Piri Piri Passion 13" ATC	235	1001	11.1	9.2	4.4	26.8	3.1	1.8	0.48 (479)	1.20 (1199)
Piri Piri Passion 6"	249	1071	10.7	8.5	3.6	32.8	3.4	2	0.44 (442)	1.11 (1106)
Piri Piri Passion 8"	238	1016	10.6	7.6	3.3	31.6	3.5	2	0.38 (384)	0.96 (960)
Piri Piri Passion 10"	242	1031	10.7	7.8	3.3	32	3.5	1.9	0.36 (360)	0.90 (901)
Piri Piri Passion 13"	252	1071	10.7	8.2	3.6	33.5	3.5	2	0.38 (375)	0.94 (939)
Piri Piri Passion 8" Stuffed Crust	261	853	12.2	11.5	5.5	26.4	2.8	1.6	0.51 (510)	1.27 (1275)
Piri Piri Passion 10" stuffed crust	262	879	12.2	11.4	5.3	27.1	2.9	1.6	0.48 (481)	1.20 (1202)
Piri Piri Passion 13" Stuffed crust	268	927	12	11.2	5.4	29	2.9	1.7	0.48 (480)	1.20 (1200)
Piri Piri Passion 8" Pepperoni Stuffed Crust	308	1083	14.1	17.7	8	22.3	2.4	1.7	0.72 (722)	1.80 (1804)
Piri Piri Passion 10" Pepperoni stuffed crust	308	1103	14.1	17.5	7.9	23	2.4	1.7	0.69 (695)	1.74 (1737)
Piri Piri Passion 13" Pepperoni Stuffed crust	307	1111	13.7	16.5	7.5	25.2	2.6	1.8	0.66 (662)	1.66 (1656)
Piri Piri Passion Crispy Parm Thin Crust	287	1086	13.1	15	6.5	23.9	1.5	1.6	0.70 (701)	1.75 (1753)

VEGAN

Vegan Garden Special Pizza	Energy	Energy	Protein	Fat	Saturates	Available Carbohydrate	Sugars	Dietary Fibre	Sodium	Salt
Value Whole Pizza	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Vegan Garden Special 6"	521	2186	13.5	16.9	8.3	75.8	8.1	6	0.97 (974)	2.44 (2435)
Vegan Garden Special ATC 8"	547	2293	14.1	18.8	8.5	76.8	9	7	1.10 (1099)	2.75 (2748)
Vegan Garden Special 8"	823	3456	21.9	26.6	12.4	119	12.4	9.7	1.55 (1549)	3.87 (3872)
Vegan Garden Special ATC 10"	844	3543	22.6	27.4	12.5	121.4	13.3	10.2	1.65 (1654)	4.14 (4135)
Vegan Garden Special 10"	1090	4577	29.2	35.1	16.6	157.8	16.2	12.7	2.06 (2060)	5.15 (5149)
Vegan Garden Special ATC 13"	1234	5172	29.9	46	24.3	167.3	17.9	15	2.46 (2457)	6.14 (6143)
Vegan Garden Special 13"	1818	7635	48.2	58.9	28.8	263.2	25.9	20.8	3.36 (3365)	8.41 (8412)
Vegan Garden Special 14"	1601	6792	27.6	80	35.6	183	11.8	14.9	3.00 (3002)	7.50 (7505)
Vegan Garden Special 15" ATC	1866	7851	43.9	57.1	27	284.5	30.3	20.4	1.63 (1635)	4.09 (4087)

Vegan Hot Pepper Passion	Energy	Energy	Protein	Fat	Saturates	Available Carbohydrate	Sugars	Dietary Fibre	Sodium	Salt
Value Whole Pizza	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Vegan Hot Pepper Passion 6"	498	2092	13.2	15.6	8.1	73.3	7.3	5.7	1.22 (1223)	3.06 (3058)
Vegan Hot Pepper Passion 8" ATC	523	2196	13.8	16.4	8.1	76.8	9.2	6.6	1.39 (1391)	3.48 (3476)
Vegan Hot Pepper Passion 8"	801	3368	21.6	24.4	12.2	119.1	12.7	9.5	1.85 (1848)	4.62 (4620)
Vegan Hot Pepper Passion 10" ATC	820	3446	21.9	25.2	12.2	121.5	13.4	9.8	1.95 (1951)	4.88 (4878)
Vegan Hot Pepper Passion 10"	1063	4467	28.5	32.7	16.2	157.6	16.3	12.3	2.35 (2349)	5.87 (5873)
Vegan Hot Pepper Passion 13" ATC	1197	5024	29.4	42.4	23.7	167.3	18.2	14.6	2.91 (2905)	7.26 (7264)
Vegan Hot Pepper Passion 13"	1768	7427	47.2	55.3	28.2	260.2	26.2	20.2	3.82 (3819)	9.55 (9547)
Vegan Hot Pepper Passion 14"	1555	6605	26.7	75.5	34.9	183.3	11.9	14.2	3.52 (3519)	8.80 (8798)
Vegan Hot Pepper Passion 15" ATC	1807	7613	43	51	26	285.1	30.5	19.4	2.33 (2325)	5.81 (5813)

Vegan Margarita	Energy	Energy	Protein	Fat	Saturates	Available Carbohydrate	Sugars	Dietary Fibre	Sodium	Salt
Value Whole Pizza	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Vegan Margarita 6"	493	2073	13	15.6	8.1	72.5	6.4	5.2	0.89 (891)	2.23 (2227)
Vegan Margarita 8" ATC	509	2138	13.3	16.3	8.1	74.5	7.1	5.6	0.98 (984)	2.46 (2460)
Vegan Margarita 8"	783	3292	20.9	24.3	12.2	115.9	10.5	8.3	1.44 (1441)	3.60 (3604)
Vegan Margarita 10" ATC	860	3610	21.5	29.6	15.9	122.2	11.4	9.4	1.66 (1663)	4.16 (4158)
Vegan Margarita 10"	1095	4598	27.8	37	19.9	156.7	14.2	11.8	2.06 (2060)	5.15 (5149)
Vegan Margarita 13" ATC	1280	5368	28.6	51.1	31.1	169.6	15.1	14.2	2.51 (2510)	6.28 (6275)
Vegan Margarita 13"	1854	7783	46.4	64.2	35.8	262.7	23.1	19.9	3.43 (3430)	8.58 (8575)
Vegan Margarita 14"	1526	6487	25.6	75.2	34.9	178.9	8.1	12.2	2.78 (2776)	6.94 (6941)
Vegan Margarita 15" ATC	1876	7897	41.8	59.5	33.3	285.1	25.6	18.2	1.57 (1566)	3.92 (3916)

Sides	Energy	Energy	Protein	Fat	Saturates	Available Carbohydrate	Sugars	Dietary Fibre	Sodium	Salt
	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Vegan Sheese Potato Wedges	197	824	2.1	8.9	4.8	25.8	0.5	2.8	0.31 (312)	0.78 (780)
Vegan Sheese Loaded Wedges	143	597	1.8	5.9	2.7	19.5	1.4	2.3	0.37 (375)	0.94 (936)

PAPADIAS

	Energy (per 100g)	Energy (per 100g)	Protein (per 100g)	Fat (per 100g)	Saturates (per 100g)	Available Carbohydrate (per 100g)	Sugars (per 100g)	Dietary Fibre (per 100g)	Sodium (per 100g)	Salt (per 100g)
	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Italian Sausage & Pepperoni Papadia	331	1390	16.9	18.2	9.1	24.3	2.4	1.8	0.63 (626)	1.57 (1566)
Philly Steak Papadia	245	928	12.7	10.1	4.2	25.5	3.1	1.5	0.41 (408)	1.02 (1020)
Philly Veggie Papadia	254	950	9.4	10.9	4.4	28.9	3.5	1.8	0.32 (323)	0.81 (808)
Spicy Chicken Ranch Papadia	263	815	9.1	11.4	1.6	30.7	3.1	1.3	0.42 (417)	1.04 (1042)
Buffalo Chicken Papadia	278	1164	14.8	12.3	4.2	26.3	2.7	1.3	0.58 (576)	1.44 (1441)
BBQ Chicken Papdia	212	894	15.2	9.4	4.8	22	4.2	1.2	0.38 (379)	0.95 (947)

SIDES

	Energy (per 100g)	Energy (per 100g)	Protein (per 100g)	Fat (per 100g)	Saturates (per 100g)	Available Carbohydrate (per 100g)	Sugars (per 100g)	Dietary Fibre (per 100g)	Sodium (per 100g)	Salt (per 100g)
	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Jalapeno Poppers	256	1079	7.3	7.6	3.6	39	4.5	1.9	0.62 (618)	1.54 (1545)
Cheese Sticks (14PCS)	320	932	12.5	11.8	4.4	40.1	3.5	2.4	0.63 (630)	1.58 (1576)
Garlic Parmesan Breadsticks 6PCS	327	1374	10.1	9.5	0.7	48.7	4.3	2.7	0.60 (601)	1.50 (1502)
Breadsticks 6PCS	305	1286	10.5	5	0.5	52.9	4.7	2.9	0.47 (471)	1.18 (1176)
BBQ Steak Rolls 8PCS	205	859	3.2	6.2	2.8	31.5	0.9	4.9	0.22 (224)	0.56 (559)
Potato Wedges	223	936	20.4	8.2	0	16.7	0	0	0.62 (622)	1.56 (1556)
Chicken Strips 6PCS	232	976	17.9	10	1.7	17.5	0.6	0.5	0.76 (758)	1.89 (1895)
Pepperoni Rolls 8PCS	228	950	23.3	14.4	0	0.1	0	2.2	0.81 (813)	2.03 (2033)
Spicy Chicken Rolls 8PCS	349	1062	11.2	17.4	4.9	36.1	3.2	1.9	0.37 (368)	0.92 (920)
Vegan Sheese Sticks	296	1055	11.4	11.3	2.6	36.6	3	1.7	0.47 (467)	1.17 (1167)
Vegan Sheeze Wedges	281	1182	8.3	8.1	0.7	42.5	4.2	2.6	0.49 (492)	1.23 (1229)
Tomato Garlic Bread	256	1079	7.3	7.6	3.6	39	4.5	1.9	0.62 (618)	1.55 (1545)

PASTAS

	Energy (per 100g)	Energy (per 100g)	Protein (per 100g)	Fat (per 100g)	Saturates (per 100g)	Available Carbohydrate (per 100g)	Sugars (per 100g)	Dietary Fibre (per 100g)	Sodium (per 100g)	Salt (per 100g)
	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Papa's Spicy Chicken Ranch Penne Pasta	279	529	7.9	18	3.4	21.2	2.1	2	0.62 (621)	1.55 (1551)
Papa's Spicy Chicken Ranch Spaghetti Pasta	228	279	6	18.6	3.5	9.5	1.8	1	0.65 (651)	1.63 (1628)
Papa's Spicy Veggy Ranch Penne Pasta	277	860	9.7	13.8	4.8	27.4	1.7	2.6	0.57 (573)	1.43 (1431)
Papa's Spicy Veggy Ranch Spaghetti Pasta	206	539	7.2	14.4	5.1	11.7	1.2	1.2	0.61 (611)	1.53 (1529)
Chicken Florentine Pasta	159	684	8.1	8.7	4.8	14.6	0.8	2	0.30 (299)	0.75 (749)
Paps House Pasta	144	633	8.7	6.3	2.8	15.5	1.8	1.7	0.31 (310)	0.78 (776)

DESSERTS

	Energy (per 100g)	Energy (per 100g)	Protein (per 100g)	Fat (per 100g)	Saturates (per 100g)	Available Carbohydrate (per 100g)	Sugars (per 100g)	Dietary Fibre (per 100g)	Sodium (per 100g)	Salt (per 100g)
	kcal	kJ	g	g	g	g	g	g	g (mg)	g (mg)
Chocolate Scrolls	624	1040	7.9	11.7	4	44.6	1.4	1.9	0.32	0.79
Oreo Bites	316	1331	6.8	8.1	3.6	52.9	21.8	1.8	0.08 (79)	0.20 (197)